



# CARTER COUNTY

## HEALTH CENTER



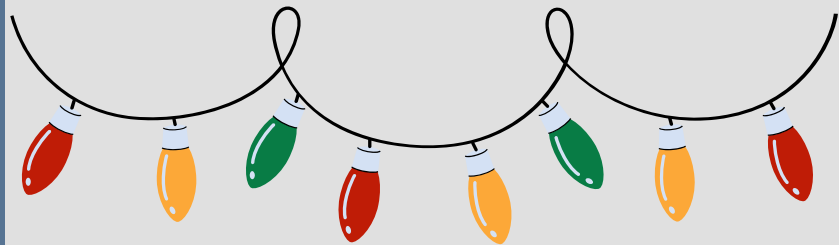
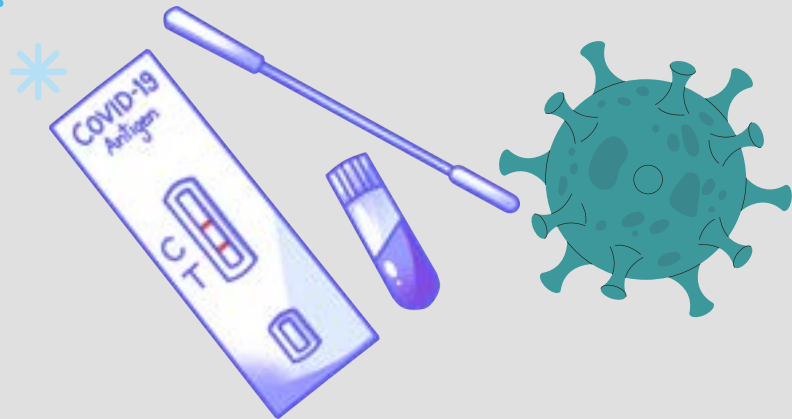
*Have you had a positive home covid test? Report it [here](#)*

### IMPORTANT DATES

12/07- Current River Christmas/Festival of Lights  
All day event at Historic Carter County Courthouse  
12/12- CCHC closed for training at 8 am  
12/21-First day of Winter  
12/23-12/26- CCHC closed for Christmas

### OUR SERVICES

Pregnancy testing/counseling  
STD/STI testing and treatment  
WIC services  
Health education  
Covid testing  
Immunizations (including covid+flu)  
Food Service Inspections  
Vital Records  
Health Education/Promotion



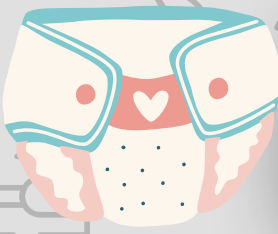


**CARTER COUNTY**  
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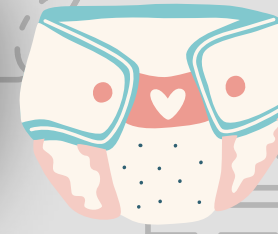
# *Diaper Bank Update*

*We will be partnering with the New Madrid County Resource Center for diapers. Diapers will be available for anyone who lives in Carter Co.*

*Going forward: Community members can come to CCHC and receive one pack of diapers per month for their child (Sizes and availability are while supplies last)*



*Have Questions?: Call Kaylee or Breanna at 573-323-4413*





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*Click [here](#) to view Missouri's weekly  
Influenza Surveillance Dashboard for this  
flu Season*

*The flu vaccine can lower the risk of serious flu complications and hospitalizations. This year's flu shot targets the strains predicted to circulate most widely. Since the flu season typically peaks in winter months, it's still beneficial to get vaccinated to reduce the risk of infection and transmission. The Centers for Disease Control and Prevention (CDC) recommends everyone age 6 months and older receive the updated 2024-2025 influenza vaccine.*

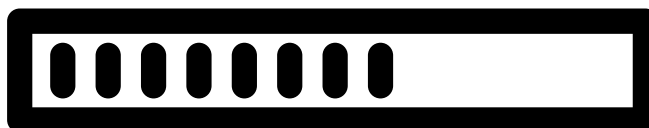




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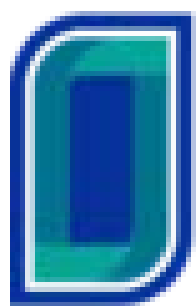
# *Accreditation Update*

LOADING ...



*This year CCHC has been working towards Accreditation through PHAB (Public Health Accreditation Board) and as of early November: We have submitted all required documentation for the review process*

*The benefits of public health department accreditation through the Public Health Accreditation Board (PHAB), including enhanced quality improvement, strengthened partnerships, and improved transparency and accountability*



**PHAB**

**Center for Innovation**

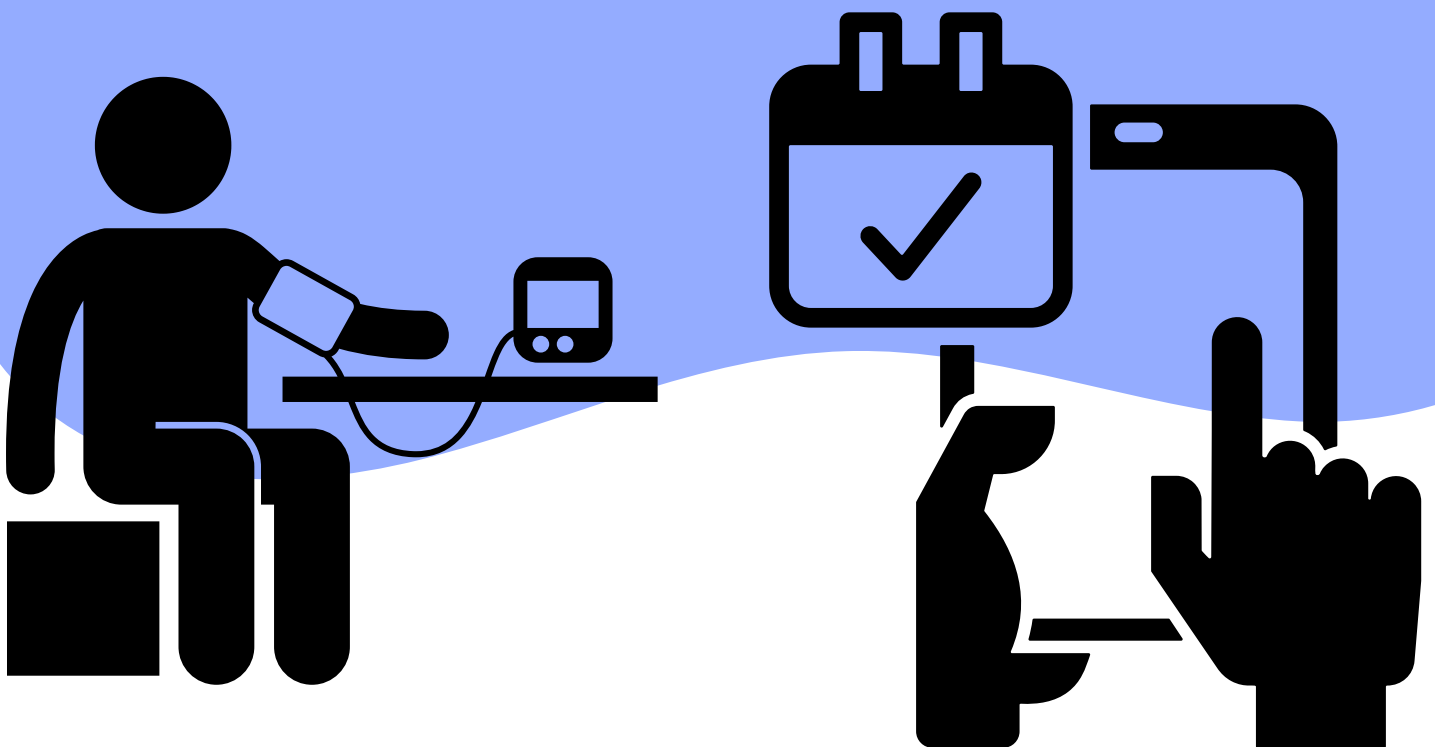


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## *You Can Now Schedule Appointments Online*

*Click Here to Schedule an  
Appointment or go to our website  
[www.cartercountyhealth.org](http://www.cartercountyhealth.org) and  
click the “book appointment” tab*



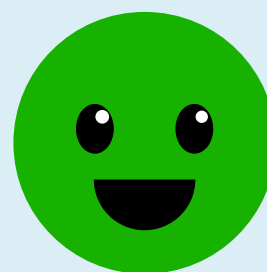
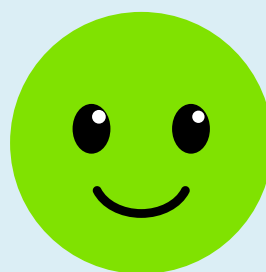
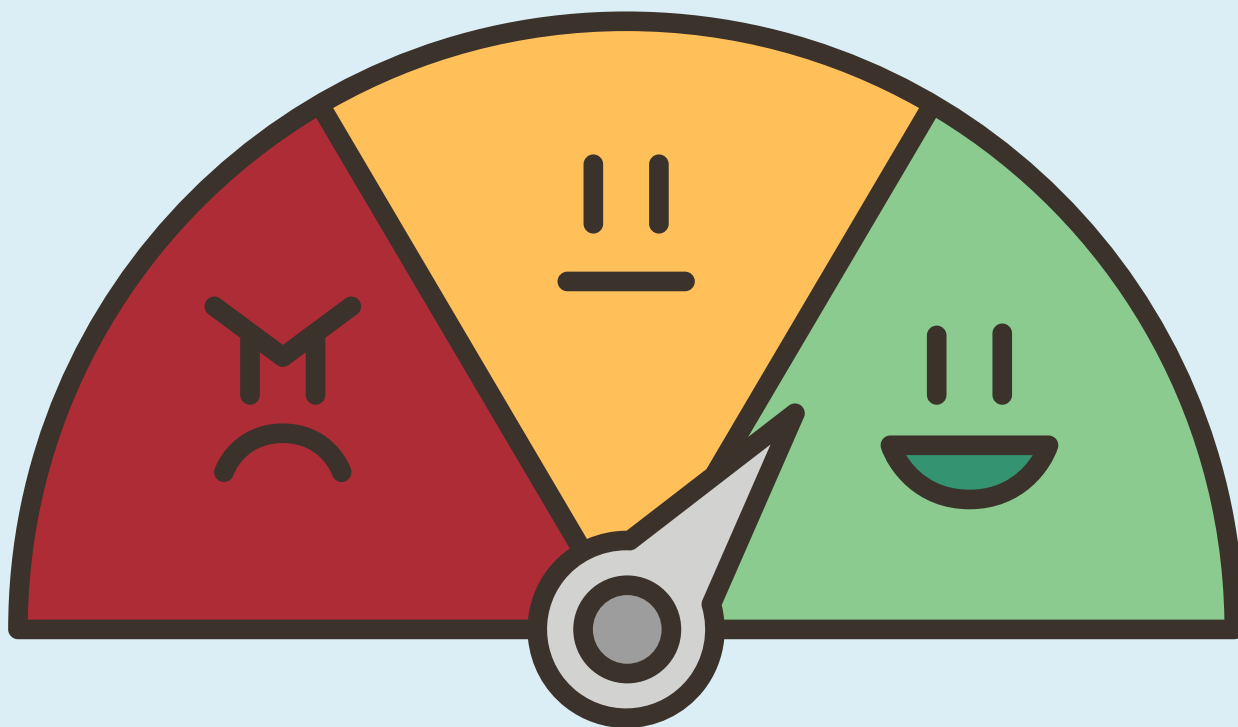




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## *Have You Visited Us Recently?*

*We value your feedback so we can improve our community's experience when utilizing our services: Please fill out our customer satisfaction survey by clicking [here](#)*





# CARTER COUNTY

## HEALTH CENTER

### RECIPE OF THE MONTH

## Cinnamon Rolls

#### Ingredients

- **For the dough:**

- $\frac{3}{4}$  cup (180g) warm milk (whole milk or 2% preferred) (110 degrees F)
- 2  $\frac{1}{4}$  teaspoons quick rise or active yeast (1/4-ounce package yeast)\*
- $\frac{1}{4}$  cup (50g) granulated sugar
- 1 egg plus 1 egg yolk, at room temperature
- $\frac{1}{4}$  cup (57g) butter, melted (I prefer salted, but unsalted works, too)
- 3 cups (360g) bread flour, plus more for dusting
- $\frac{3}{4}$  teaspoon salt

- **For the filling:**

- $\frac{2}{3}$  cup (142g) dark brown sugar (light brown sugar also works)
- 1  $\frac{1}{2}$  tablespoons ground cinnamon
- $\frac{1}{4}$  cup (57g) butter, softened
- **For the cream cheese frosting:**
- 4 oz (112g) cream cheese, softened
- 3 tablespoons butter, softened
- $\frac{3}{4}$  cup (85g) powdered sugar
- $\frac{1}{2}$  teaspoon vanilla extract



Click [here](#) for  
full instructions  
for these  
homemade  
cinnamon rolls

# Breakfast

